



# Effects of ascorbic acid and lighting schedule on tibiotarsus strength and bone characteristics in broilers

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## Abstract

This study was conducted to determine the effects of two lighting programs (continuous program; 24 h lighting or intermittent; 12 h daylight followed by three cycles of 1 h lighting and 3 h dark program during the night period) and three different ascorbic acid (AA) supplementations (0, 200 and 400 mg/l, added to water) on some serum parameters, ash content and mechanical properties of tibiotarsus. For this purpose one-day-old male commercial (Ross PM<sub>3</sub>) broiler chicks ( $n=600$ ) were divided into 6 treatment groups (2×3) with random replicates (4 replicates per treatment). At the end of 6 weeks, intermittent lighting program negatively influenced serum alkaline phosphatase (ALP) and calcium (Ca) levels ( $P<0.001$ ) while continuous lighting program had positive influence on bone ash, Ca and phosphorus (P) content ( $P<0.001$ ). The AA addition decreased serum inorganic phosphorus (Pi) level and positively affected bone chemical characteristics ( $P<0.001$ ). On the mid-section of the bone, although intermittent lighting had positive effect on bone mechanical parameters ( $P<0.001$ ), no remarkable effect was observed by AA supplementation. The results of the present study suggest that interaction of intermittent lighting and AA supplementation (200 mg/l) may have positive effect on chemical composition and mechanical characteristics of bone in broilers.

**Keywords:** broiler, lighting, ascorbic acid, tibiotarsus, ash, breaking force

## Zusammenfassung

### Einfluss von Ascorbinsäure und Beleuchtungsprogrammen auf die Tibiotarsusfestigkeit und weitere Knochenmerkmale bei Broilern

Bei 600 einen Tag alten männlichen Ross PM<sub>3</sub> Broilerküken kamen in 6 Behandlungsgruppen (2×3) und jeweils vier Wiederholungen pro Behandlung folgende Behandlungen zur Anwendung: Ein Beleuchtungsprogramm mit 24 h kontinuierlicher Beleuchtung sowie Intervallprogramm mit 12 h Tageslicht gefolgt von 3 Zyklen d.h. 1 h Beleuchtung und 3 h Dunkelperiode. Weiterhin erfolgte eine unterschiedliche Ascorbinsäuregabe (AA) von 0, 200 bzw. 400 mg/l in das Trinkwasser. Beobachtet wurden bei diesen Versuchsvarianten die Auswirkungen auf Serumparameter, Aschegehalt und mechanische Eigenschaften des Tibiotarsus. Am Ende der 6. Woche wurde festgestellt, dass beim Intervalllichtprogramm die alkalische Phosphatase und die Kalziumkonzentration signifikant negativ beeinflusst wurden, während beim kontinuierlichen Programm ein

signifikant positiver Einfluss auf den Asche-, Kalzium und Phosphatgehalt nachgewiesen wurde. Ein AA-Zusatz reduzierte die anorganische Phosphorkonzentration und übte einen signifikant positiven Einfluss auf die chemischen Knocheneigenschaften aus. Das Intervallprogramm ergab mehr als die AA-Zugabe im mittleren Teil des Tibiotarsus einen positiven Einfluss auf die mechanischen Knochenparameter. Insgesamt fanden sich bei den Varianten Intervallprogramm und AA-Zugabe von 200 mg/l im Trinkwasser die besten Wirkungen hinsichtlich chemischer und mechanischer Knocheneigenschaften.

**Schlüsselwörter:** Broilerküken, Beleuchtungsprogramm, Ascorbinsäure, Tibiotarsus, Asche, Bruchfestigkeit

## Introduction

Commercial broilers are economic agricultural field production units in which the objective is to maximize field performance (ANDRASSY-BAKA *et al.* 2003). But, broilers are under the stress due to faster growth rate and negative environmental conditions (McCORKLE and GLICK 1980). Today's broilers reach their slaughter weight in around 41 days, but the supporting structure of legs fail to keep pace with the rapid growth rate, and can buckle under the strain of supporting the overgrown body (SANOTRA *et al.* 2001). As a result, market age poultry often suffer from lameness and bone deformities, which can cause bone breakage during catching and transportation and which create problems during processing (KNOWLES and WILKINS 1998).

Bone is a dynamic tissue influenced by physical, physiological and nutritional activities (RATH *et al.* 2000). Nutrient requirements, including mineral requirements, change with age. Bone breakage in chicken is due to weak bones as a result of Ca depletion. The Ca and P are primary inorganic nutrients in the bone that may be important for bone strength (KNOWLES and WILKINS 1998). In recent years, there has been increasing interest over the relationship of feeding with bone strength and skeletal disorders in broilers (FLEMING *et al.* 1998, EDWARDS 2000, AFSHARMANESH and POURREZA 2005). Field data and test results show that supplementation with AA is necessary for decreasing the incidence of bone breaking strength (DOAN and GIANG 1998). The AA is an activator of enzyme 25-hydroxyl vitamin D<sub>3</sub>-1 hydroxylase, which is required for the regulation of Ca absorption and excretion. Thus, AA nutrition influences Ca and P metabolism in young chicks. Birds are normally able to synthesize adequate amounts of AA however, there are many indications showing that they can not produce enough AA for their metabolic needs (COATES 1984). KUTLU and FORBES (1993) reported that the amount of AA to be added into feed for broiler health was not clear.

At the same time, bone characteristics would also be also affected by lighting program (ZUBAIR and LEESON 1996, LASTER *et al.* 1999). The intermittent lighting programs are better than continuous ones for broiler leg disorders (PETEK *et al.* 2005). Increased light programs may reduce the incidence of skeletal disease. Nevertheless, the weight and strength of tibiotarsus would not be significantly affected by the intermittent lighting schedule (INGRAM *et al.* 2000).

There is increased interest from the poultry industry and scientific community regarding to the bone quality and welfare of birds. The objective of the present study was

to determine comparatively serum and bone characteristics and mechanical properties of tibiotarsus in broilers that were subjected to continuous or intermittent lighting programs in association with supplementation of different ration of AA in drinking water.

## Material and methods

The experimental procedures employed in this study were in accordance with the principles and guidelines set out by the Committee of Faculty of Veterinary Medicine on Animal Care. This experiment was conducted at the Livestock Research Centre at the Faculty of Veterinary Medicine in Bursa, Turkey in the month of April. The daylight was nearly 12 h at this period in the region. Day-old male chicks ( $n=600$ , Ross PM<sub>3</sub>) obtained from a commercial hatchery were reared in two windowed houses with usual brooding techniques until 6 weeks of age.

### *Experimental methods*

The chicks were randomly divided into 6 treatment groups (100 chicks per treatment) according to the lighting programs (continuous or intermittent) and AA supplementation (0, 200 and 400 mg/l, added into the drinking water). In the continuous lighting program the birds received 24 h light per day whereas in the intermittent group the birds were subjected to 12 h light during daytime and 1 h light; 3 h dark  $\times$  3 cycles during nighttime. 4 replicates (each containing 25 animals that were housed in 1 $\times$ 3 m floor pens) were used for each of treatment group.

### *Bird husbandry*

Newly hatched chicks in all treatments were reared at the same environmental conditions (floor space, bird density, feeder and drinker space) in deep litter pens. Birds in all trials consumed commercial maize based on; broiler starter ration from 1 to 21 days of age (ME=12.50 MJ/kg, 220 g/kg total protein), broiler grower ration from 22 to 35 days of age (ME=12.70 MJ/kg, 200 g/kg total protein) and finally a broiler finisher ration from 36 to 42 days (ME=12.92 MJ/kg, 180 g/kg total protein). Within each pen, water was provided via a hanging automatic bell drinker and feed was provided *ad libitum* via a hanging tube feeder. Broilers received natural day light during daytime and artificial light (continuous or intermittent) during the nighttime. For intermittent lighting an automatic timer was used. AA was supplemented in powder form into the drinking water (0, 200, 400 mg/l water) during whole life cycle of animals.

### *Assessment of traits*

The birds in each pen were weighed individually at 42nd day and the blood samples were taken from neck vein by puncture and drawn into vacutainer tubes. The blood samples were then centrifuged at 3000 rpm for 10 min. Serum Ca (TECO Diagnostics kit, Cat no: C 503-480, USA) and Pi (TECO Diagnostics kit, Cat. No I515-480, USA) levels were immediately measured by means of commercial kits. Serum samples were then stored at  $-20^{\circ}\text{C}$  for measuring ALP activity (TECO Diagnostics kit, Cat. No A504-150, USA).

After blood collection, the birds were killed humanely by decapitation (ANONYMUS 2003) and defeathered. The right tibiotarsus was immediately dissected from the surrounding tissues and kept frozen in plastic bags at  $-20^{\circ}\text{C}$  until necessary measurements. Frozen tibiotarsuses were later thawed at room temperature for 1 h (CRENSHAW 1986). Bone weight (Precisa XB 4200C, Zurich, Switzerland) were measured. Physical bone characteristics were determined by three-point bending test commonly used to assess bone strength in poultry (CRENSHAW *et al.* 1981). Thus, diaphyseal shaft was divided into 3 sections (proximal, mid, and distal) having a thickness of 0.6 cm by using an Instron Universal Testing Machine (Model 4301, Instron Corp., Canton, MA 02021) fitted with a 5 kN load cell (Figure 1). Bones were placed dorsal side up on support 7 cm apart. The centre of each bone was aligned with the breaking probe which approached at 25.4 mm/min. Ultimate bone breaking force (Newtons, N), stress (Megapascals, MPa) and modulus of elasticity (MPa) were determined for each tibiotarsus.

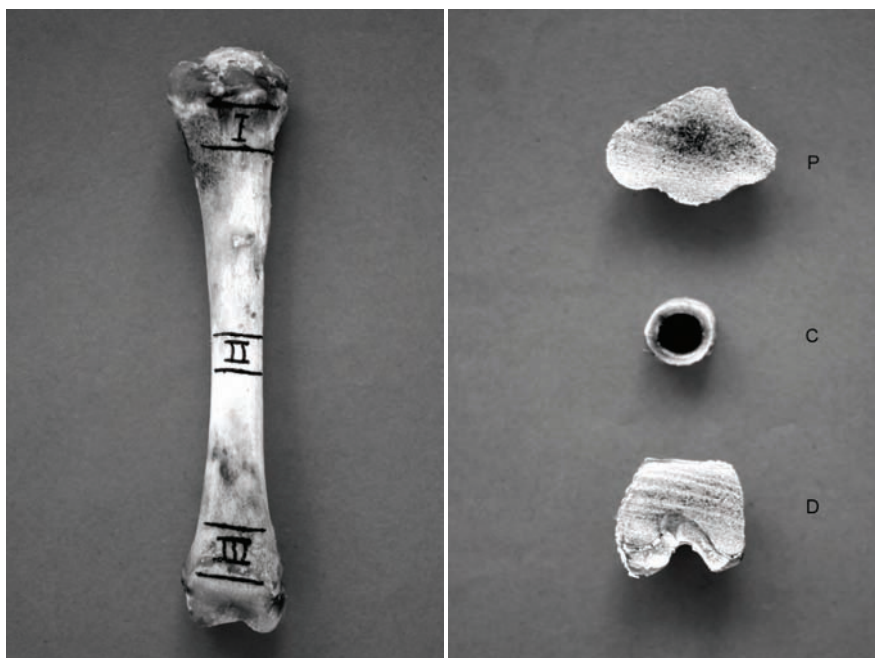


Figure 1  
Cross section of the Tibiotarsus, I. section: (P, Proximal section), II. section: (C, mid section), III. section: (D, distal section)

*Horizontaler Schnitt des Tibiotarsus, I. Schnitt (P, Proximalschnitt), II. Schnitt (C, Mittelschnitt), III. Schnitt (D, Distalschnitt)*

In order to determine the bone ash, ten left tibiotarsuses from each group were analyzed according to the technique described by Association of Official Agricultural Chemists (1955). The bones were carefully separated from surrounding flesh and cartilage tissues and kept in boiling water to eliminate any resting meat particles. Thereafter, the bones were treated with ethanol and anhydrous ether for 24 h, dried and weighed before replacing at  $600^{\circ}\text{C}$  for 6 h. Bone Ca was determined photometrically and P level were determined according to GERICKE and KURMIES (1952).

### Statistical analysis

Body weight, serum and bone properties of broilers in the groups were analyzed using ANOVA with the general linear model procedure of SPSS computer software 10.00 (SPSS INC. 1999). When differences among the groups were significant, means were separated using Tukey test (SNEDECOR and COCHRAN 1989). Lighting and supplemental AA were the main effects. Results presented in the tables for the serum and bone properties are expressed as mean values  $\pm$  SE.

## Results

The main and interactive effects of different lighting and AA supplementation on body and bone weights are presented in Table 1. Data obtained for the animals that were subjected to intermittent lighting was significantly better ( $P<0.05$ ) than those receiving continuous lighting. AA supplementation and the interactive effect of lighting and AA supplementation had no significant effect on body weight. A significant increase in the weight of tibiotarsus was observed for the AA supplemented groups ( $P<0.001$ ).

Table 1

The main and interactive effects of lighting and supplemental AA on body and tibiotarsus weight

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und ergänzender AA-Gabe auf Körper- und Tibiotarsusgewicht*

Lighting	AA, mg/l	Body weight, g	Tibiotarsus weight, g
Main effects			
Continuous		2 272.48 $\pm$ 13.30 <sup>b</sup>	12.56 $\pm$ 0.22 <sup>b</sup>
Intermittent		2 317.83 $\pm$ 13.38 <sup>a</sup>	13.25 $\pm$ 0.36 <sup>a</sup>
	0	2 295.50 $\pm$ 16.39	11.99 $\pm$ 0.27 <sup>b</sup>
	200	2 307.63 $\pm$ 16.28	13.09 $\pm$ 0.31 <sup>a</sup>
	400	2 282.34 $\pm$ 16.35	13.64 $\pm$ 0.46 <sup>a</sup>
Interactive Effects			
Continuous	0	2 278.83 $\pm$ 23.18	12.02 $\pm$ 0.39
Continuous	200	2 267.86 $\pm$ 22.85	12.34 $\pm$ 0.56
Continuous	400	2 270.69 $\pm$ 23.07	13.32 $\pm$ 0.84
Intermittent	0	2 312.10 $\pm$ 23.18	11.96 $\pm$ 0.67
Intermittent	200	2 347.40 $\pm$ 23.18	13.84 $\pm$ 0.44
Intermittent	400	2 293.98 $\pm$ 23.18	13.95 $\pm$ 0.31
ANOVA			
Lighting		*	*
AA, mg/l		ns	***
Lighting $\times$ AA, mg/l		ns	ns

<sup>ab</sup> within rows, means with different letters differ significantly, ns not significant, \* $P<0.05$ , \*\* $P<0.01$ , \*\*\* $P<0.001$

Data related to the main and interactive effects of different lighting and AA supplementation on some serum and bone parameters are presented in Table 2 and 3, respectively.

Serum ALP and Ca, and serum Pi levels were negatively influenced ( $P<0.001$ ) by intermittent lighting and AA supplementation respectively. The interaction of both main factor had influence on the serum ALP level ( $P<0.001$ ). The bone ash, Ca and P of the group of animals that were subjected to the continuous lighting program were

significantly important ( $P < 0.001$ ). Similarly, bone ash, Ca and P content of the group of animals was increased by the gradually augmented AA level. Interaction of lighting and AA supplementation had also influence on the bone ash and Ca content ( $P < 0.001$ ).

Table 2

The main and interactive effects of lighting and supplemental AA on some serum parameters

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und AA-Supplementation auf einige Serumparameter (mean SEM)*

Lighting	AA, mg/l	ALP, IU	Ca, mg/dl	Pi, mg/dl
<b>Main Effects</b>				
Continuous		112.44 ± 5.32 <sup>a</sup>	8.74 ± 0.09 <sup>a</sup>	7.46 ± 0.18
Intermittent		95.33 ± 3.81 <sup>b</sup>	8.29 ± 0.11 <sup>b</sup>	7.81 ± 0.20
	0	101.94 ± 4.57	8.57 ± 0.13	8.41 ± 0.27 <sup>a</sup>
	200	105.82 ± 7.20	8.29 ± 0.15	7.07 ± 0.23 <sup>b</sup>
	400	103.88 ± 5.48	8.68 ± 0.11	7.43 ± 0.14 <sup>b</sup>
<b>Interactive Effects</b>				
Continuous	0	99.24 ± 7.18	8.63 ± 0.17	8.38 ± 0.33
Continuous	200	128.99 ± 10.51	8.71 ± 0.19	6.89 ± 0.31
Continuous	400	109.09 ± 8.84	8.88 ± 0.12	7.11 ± 0.16
Intermittent	0	104.65 ± 5.80	8.51 ± 0.19	8.43 ± 0.44
Intermittent	200	82.66 ± 6.76	7.88 ± 0.21	7.25 ± 0.35
Intermittent	400	98.68 ± 6.52	8.47 ± 0.17	7.76 ± 0.21
<b>ANOVA</b>				
Lighting		***	***	ns
AA, mg/l		ns	ns	***
Lighting × AA, mg/l		***	ns	ns

<sup>ab</sup> within rows, means with different letters differ significantly, ns not significant, \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$

Table 3

The main and interactive effects of lighting and supplemental AA on tibiotarsus bone properties

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und AA-Supplementation auf Tibiotarsuseigenschaften (mean SEM)*

Lighting	AA, mg/l	Bone ash, %	Bone Ca, % ash	Bone P, % ash
<b>Main Effects</b>				
Continuous		64.32 ± 0.39 <sup>a</sup>	17.69 ± 0.188 <sup>a</sup>	11.40 ± 0.088 <sup>a</sup>
Intermittent		62.59 ± 0.86 <sup>b</sup>	16.52 ± 0.561 <sup>b</sup>	11.21 ± 0.423 <sup>b</sup>
	0	61.98 ± 0.41 <sup>b</sup>	16.16 ± 0.230 <sup>b</sup>	11.12 ± 0.107 <sup>b</sup>
	200	64.14 ± 0.76 <sup>a</sup>	17.69 ± 0.451 <sup>a</sup>	11.32 ± 0.254 <sup>ab</sup>
	400	64.25 ± 0.14 <sup>a</sup>	17.47 ± 0.769 <sup>a</sup>	11.49 ± 0.563 <sup>a</sup>
<b>Interactive Effects</b>				
Continuous	0	65.40 ± 0.55	17.15 ± 0.056	11.53 ± 0.264
Continuous	200	62.78 ± 0.69	18.00 ± 0.159	10.91 ± 0.339
Continuous	400	64.79 ± 0.18	17.83 ± 0.334	11.75 ± 0.025
Intermittent	0	58.56 ± 0.58	15.08 ± 0.325	10.72 ± 0.152
Intermittent	200	65.61 ± 0.24	17.39 ± 0.366	11.70 ± 0.566
Intermittent	400	63.72 ± 0.52	17.11 ± 0.961	11.22 ± 0.581
<b>ANOVA</b>				
Lighting		***	***	***
AA, mg/l		***	***	***
Lighting × AA, mg/l		***	***	ns

<sup>ab</sup> within rows, means with different letters differ significantly, ns not significant, \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$

The effects of lighting and AA supplementation and their interaction on mechanical characteristics of proximal, mid and distal section of tibiotarsus are presented in Table 4, 5, 6.

Table 4

The main and interactive effects of lighting and supplemental AA on mechanical characteristics of proximal section of tibiotarsus

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und AA-Supplementation auf mechanische Merkmale des proximalen Abschnitts von Tibiotarsus (mean SEA)*

Lighting	AA, mg/l	Stress, MPa	Modulus of elasticity, MPa	Breaking force, N
<b>Main Effects</b>				
Continuous		9.74 ± 0.39	67.78 ± 3.44	394.72 ± 9.34
Intermittent		10.36 ± 0.61	62.11 ± 3.02	384.41 ± 9.57
	0	11.09 ± 0.67 <sup>a</sup>	70.43 ± 4.44	415.40 ± 11.04 <sup>a</sup>
	200	9.52 ± 0.97 <sup>b</sup>	64.96 ± 4.95	371.31 ± 11.77 <sup>b</sup>
	400	9.53 ± 0.18 <sup>b</sup>	59.44 ± 4.23	382.00 ± 11.15 <sup>b</sup>
<b>Interactive Effects</b>				
Continuous	0	9.98 ± 0.53	70.60 ± 5.97	410.20 ± 16.15
Continuous	200	8.81 ± 0.74	64.66 ± 5.03	352.12 ± 16.17
Continuous	400	10.43 ± 0.17	68.06 ± 5.54	421.85 ± 16.53
Intermittent	0	12.20 ± 0.26	70.26 ± 5.63	420.60 ± 16.82
Intermittent	200	10.23 ± 0.94	65.25 ± 5.27	390.50 ± 16.75
Intermittent	400	8.64 ± 0.72	50.82 ± 5.88	342.15 ± 16.31
<b>ANOVA</b>				
Lighting		ns	ns	ns
AA, mg/l		***	ns	*
Lighting × AA, mg/l		***	ns	***

<sup>ab</sup> within rows, means with different letters differ significantly, ns not significant, \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001

Table 5

The main and interactive effects of lighting and supplemental AA on mechanical characteristics of mid-section of tibiotarsus

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und AA-Supplementation auf mechanische Merkmale des Mittelabschnitts von Tibiotarsus (mean SEA)*

Lighting	AA,mg/l	Stress, MPa	Modulus of elasticity, MPa	Breaking force, N
<b>Main Effects</b>				
Continuous		104.46 ± 8.21 <sup>b</sup>	734.72 ± 57.54 <sup>b</sup>	521.95 ± 18.25 <sup>b</sup>
Intermittent		155.01 ± 8.01 <sup>a</sup>	1138.74 ± 57.88 <sup>a</sup>	607.93 ± 18.42 <sup>a</sup>
	0	125.89 ± 9.92	904.90 ± 70.47	558.85 ± 22.35
	200	131.86 ± 9.45	959.38 ± 70.21	557.35 ± 22.54
	400	131.45 ± 9.26	945.91 ± 70.01	578.62 ± 22.85
<b>Interactive Effects</b>				
Continuous	0	93.05 ± 13.43	673.02 ± 99.66	499.65 ± 31.66
Continuous	200	93.84 ± 13.81	678.12 ± 99.53	470.80 ± 31.58
Continuous	400	126.48 ± 13.12	853.01 ± 99.09	595.40 ± 31.17
Intermittent	0	158.73 ± 13.05	1136.78 ± 99.76	618.05 ± 31.55
Intermittent	200	169.89 ± 13.56	1240.64 ± 99.44	643.90 ± 31.43
Intermittent	400	136.41 ± 13.88	1038.81 ± 99.71	561.85 ± 31.16
<b>ANOVA</b>				
Lighting		***	***	***
AA, mg/l		ns	ns	ns
Lighting × AA, mg/l		*	ns	***

<sup>ab</sup> within rows, means with different letters differ significantly, ns not significant, \**P*<0.05, \*\**P*<0.01, \*\*\**P*<0.001

Table 6

The main and interactive effects of lighting and supplemental AA on mechanical characteristics of distal section of tibiotarsus

*Die Haupt- und interaktiven Wirkungen von Beleuchtung und AA-Supplementation auf mechanische Merkmale des distalen Abschnitts von Tibiotarsus (mean SEA)*

Lighting	AA, mg/l	Stress, MPa	Modulus of elasticity, MPa	Breaking force, N
<b>Main Effects</b>				
Continuous		12.46 ± 0.38	85.31 ± 4.39	381.81 ± 10.23
Intermittent		13.61 ± 0.47	93.97 ± 4.22	396.23 ± 10.46
	0	13.72 ± 0.55	91.95 ± 5.55	404.52 ± 12.87
	200	13.15 ± 0.14	87.25 ± 5.27	383.21 ± 12.82
	400	12.66 ± 0.47	89.72 ± 5.17	379.32 ± 12.08
<b>Interactive Effects</b>				
Continuous	0	13.20 ± 0.16	86.89 ± 7.33	374.15 ± 18.52
Continuous	200	12.26 ± 0.67	85.36 ± 7.76	367.92 ± 18.37
Continuous	400	12.77 ± 0.66	83.67 ± 7.25	403.35 ± 18.11
Intermittent	0	14.23 ± 0.73	97.02 ± 7.84	434.90 ± 18.13
Intermittent	200	14.03 ± 0.35	89.14 ± 7.88	398.50 ± 18.29
Intermittent	400	12.56 ± 0.45	95.76 ± 7.31	355.30 ± 18.45
<b>ANOVA</b>				
Lighting		ns	ns	ns
AA, mg/l		ns	ns	ns
Lighting × AA, mg/l		ns	ns	**

ns not significant, \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$

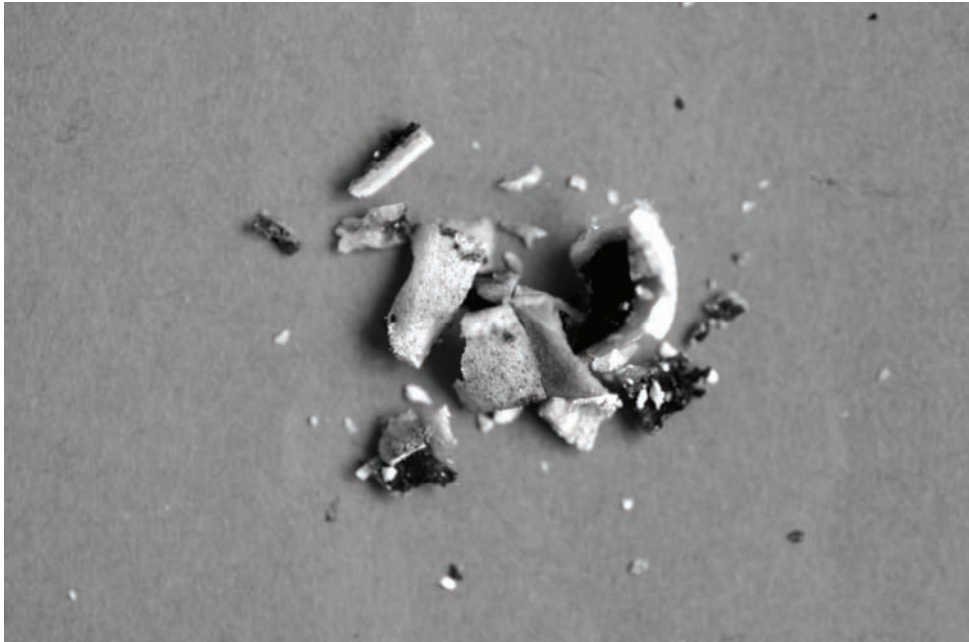


Figure 2

The type of breaking of the tibiotarsus mid section

*Die Bruchart im mittleren Teil des Tibiotarsus*



Applied lighting programs had no significant effect on the proximal section of tibiotarsus whereas stress ( $P<0.001$ ) and breaking force ( $P<0.05$ ) were negatively affected by AA supplementation. Likewise, stress and breaking force were influenced by the interactive effect of lighting and AA supplementation ( $P<0.001$ ). On the mid-section, while different AA supplementation had no significant influence, intermittent lighting positively affected ( $P<0.001$ ) the mechanical parameters of the bone (Figure 2). The interactive effect of lighting and AA supplementation was found to affect the bone stress ( $P<0.05$ ) and breaking force ( $P<0.001$ ). Related to the distal section, although the main effects, lighting and AA supplementation did not significantly affect mechanical parameters, interactive effect was only important on breaking force ( $P<0.01$ ).

## Discussion

The effect of lighting and AA on serum and bone characteristics had already been studied by several researchers (BUCKLAND *et al.* 1976, NEWMAN and LEESON 1999, ONYANGO *et al.* 2003). In the present study, we have investigated the effect of different lighting schedule and AA on some serum and bone peculiarities in Ross PM<sub>3</sub> broilers.

Body weight gain of broilers reared under intermittent lighting was better compared to other groups of animals ( $P<0.05$ ). The feed conversion ratio in intermittent lighting group was improved probably because of a shorter feeding period followed by a longer digestion period. Also other authors reports about the influence of intermittent lighting programs on growth performance (AL-MAHROUS 1997). Contrary to the findings obtained by DOAN and GIANG (1998), WHITEHEAD and KELLER (2003), and similar to those reported by PETEK *et al.* (2005) supplemental AA had no effect on body weight in broilers. Although in the present study we revealed that intermittent lighting had significant effect on the tibiotarsus weight ( $P<0.05$ ), some researchers failed to demonstrate this effect in their studies (INGRAM *et al.* 2000, PETEK *et al.* 2005). Increased body activity of the animals during intermittent period may be an explanation for the improved tibiotarsus weight. AA supplementation affected the weight of tibiotarsus in broilers; this is similar to those reported by EDWARDS (2000).

Contrary to the findings obtained by ELLIOT and EDWARDS (1997), LAN-XIA *et al.* (2006), in the present study serum ALP and Ca levels were increased with continuous lighting. Bone ash and Ca were also increased in continuous lighting group animals. This may be explained by considering the fact that animals reared under continuous lighting program would consume more feed and as a result of which their serum parameters would be higher. Moreover as stated before, lighting has positive effect on the bone mineral content (ELLIOT and EDWARDS 1997).

Contrary to the findings obtained by ORBAN *et al.* (1993), DOAN and GIANG (1998), SAHIN *et al.* (2002) and similar to those reported by SEYREK *et al.* (2004), LOHAKARE *et al.* (2005b), increased supplemental AA had no statistical effect on serum ALP and Ca in broilers. Similarly to DOAN and GIANG (1998) increased AA supplementation resulted with decreased serum Pi level ( $P<0.001$ ). On the other hand, bone ash, Ca and P levels augmented with increased AA supplementation ( $P<0.001$ ). While these results are supported by the findings of ORBAN *et al.* (1993), DOAN and GIANG (1998), ONYANGO *et al.* (2003) and AFSHARMANESH and POURREZA (2005), they are not in concordance with

those of reported by LOHAKARE *et al.* (2005b). Though serum Pi was decreased, there was no change in serum ALP and Ca values. Increased bone ash of tibiotarsus can be accepted as a positive indication for proper bone mineralization (AHMAD *et al.* 2000). Non-significant serum mineral values observed between the groups may be explained by the accumulation of minerals in the bones.

Lighting and AA supplementation interaction has additive effect especially on serum ALP. In chicks, ALP improved the bone development (YANEZ-RUIZ and MOLINA-ALCAIDE, 2008). In the present study the level of ALP was minimal in intermittent lighting and 200 mg/l AA supplementation group. This result supports the finding of LEBBIE and ADEMOSUN (1988) who point out that excess of serum ALP absorbed in the bones resulted in increased bone ash. Similarly, bone ash, Ca and P were almost highest levels in intermittent lighting and 200 mg/l AA supplementation interactive group. Increased level of melatonin and Vitamin D3 appeared during the dark phase of intermittent lighting group (INGRAM *et al.* 2000) would result in slowed growth of internal organs. In that case, the absorption of serum ALP, Ca and Pi in the bones would be triggered.

Tibiotarsus breaking force was not affected by lighting program (INGRAM *et al.* 2000, McDONALD *et al.* 2001). CLASSEN *et al.* (1991) and PRAYITNO *et al.* (1997) respectively reported that intermittent lighting and continuous lighting programs positively affected the breaking force. In the present study we have found that lighting program has not effect on mechanical properties of proximal and distal section of tibiotarsus. However, mid-section was significantly ( $P < 0.001$ ) affected by intermittent lighting. This may be dependent upon, as explained above, the increased blood melatonin level in intermittent lighting group resulting in development of bones particularly bone plaques in corpus region (INGRAM *et al.* 2000).

The AA had any effect on stress, modulus of elasticity and breaking force of tibiotarsus (NEWMAN and LEESON 1999, KOCABAGLI 2001, ONYANGO *et al.* 2003). Nonetheless, some researchers (ORBAN *et al.* 1993, DOAN and GIANG 1998, EDWARDS 2000, LOHAKARE *et al.* 2005a, b) reported that tibiotarsus breaking force and modulus of elasticity were improved in birds fed with AA. In this study, AA has no influence on mechanical properties except stress and breaking force of proximal section of tibiotarsus. It has also negatively affected the bone stress and breaking force. These are contrast with the result reported by BURNELL *et al.* (1990), in which a linear increase in bone breaking force occurred when Ca was added into the diet.

The lighting and AA supplementation is equally effective in bone development and breaking force (ELLIOT and EDWARDS 1997). In the present study, though the stress and breaking force of both proximal and mid section of tibiotarsus were affected by lighting and AA interaction, modulus of elasticity of the bone was not influenced from the employed factors. In distal section, only the breaking force was affected from this interaction. This divergence may be explained by the mechanical properties varying in each section of the bone and greater resorptive surface of trabecular structures especially found in mid-section. The use of AA in drinking water may result with different performance characteristics and biomechanical values. This could be due to the variable quantity of water drunk by each bird (FLEMING *et al.* 1998, NEWMAN and LEESON 1999, WHITEHEAD and KELLER 2003).

Bone fractures in birds occur frequently in midshaft rather than epiphyseal region of leg bones (GREGORY and WILKINS 1989, FLEMING *et al.* 1998). For that reason corpus of the bone is the accurate part for evaluating bone breaking force (CRENSHAW *et al.* 1981, FLEMING *et al.* 1998). While high modulus elasticity can be accepted an indication for rigidity, low modulus can be for accepted for ductility (RATH *et al.* 2000). Moreover, it has been provided evidence that the percentage of bone ash is usually positively correlated with bone breaking force (WILSON 1991, ONYANGO *et al.* 2003). Finally, it can be concluded from the present study that intermittent lighting and 200 mg/l AA supplemented group that provided optimal results for mechanical characteristics and bone ash contents of tibiotarsus can be suggested as the best approaches for broiler breeding.

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