

# European Respiratory Society Annual Congress 2012

**Abstract Number:** 3124

**Publication Number:** 1381

**Abstract Group:** 6.3. Tobacco, Smoking Control and Health Education

**Keyword 1:** Smoking **Keyword 2:** No keyword **Keyword 3:** No keyword

**Title:** Learning platform for smoking cessation project: From beginning to date

Dr. Asli 13391 Gorek Dilektasli asligorekd@gmail.com MD <sup>1</sup>, Prof. Dr Oguz 13392 Kilinc oguz.kilinc@deu.edu.tr MD <sup>2</sup>, Prof. Dr Sule 13393 Akcay msuleakcay@gmail.com MD <sup>3</sup>, Prof. Dr Esra 13394 Kunt Uzaslan esra.uzaslan@gmail.com MD <sup>1</sup>, Dr. Pinar 13395 Pazarli Bostan pinarpazarli@yahoo.com MD <sup>4</sup>, Dr. Osman 13396 Elbek osmanelbek@yahoo.com MD <sup>5</sup>, Prof. Dr Zeynep 13397 Aytemur zeynep.ayfer@gmail.com MD <sup>6</sup>, Dr. Cengiz 13398 Ozge cengizozge@yahoo.com MD <sup>7</sup>, Dr. Funda 13399 Oztuna foztuna@yahoo.com MD <sup>8</sup>, Prof. Dr Leyla 13400 Saglam Isaglam@atauni.edu.tr MD <sup>9</sup>, Dr. Atilla 13401 Uysal dratilla@yahoo.com MD <sup>10</sup> and Dr. Osman 13402 Orsel osmanorsel@yahoo.com MD <sup>11</sup>. <sup>1</sup> Department of Pulmonary Diseases, Uludag University Faculty of Medicine, Bursa, Turkey ; <sup>2</sup> Department of Pulmonary Diseases, Dokuz Eylul University Faculty of Medicine, Izmir, Turkey ; <sup>3</sup> Department of Pulmonary Diseases, Baskent University Faculty of Medicine, Ankara, Turkey ; <sup>4</sup> Sakarya School of Health, Sakarya School of Health, Sakarya, Turkey ; <sup>5</sup> Department of Pulmonary Diseases, Adnan Menderes University Faculty of Medicine, Aydin, Turkey ; <sup>6</sup> Department of Pulmonary Diseases, Inonu University Faculty of Medicine, Malatya, Turkey ; <sup>7</sup> Department of Pulmonary Diseases, Mersin University Faculty of Medicine, Mersin, Turkey ; <sup>8</sup> Department of Pulmonary Diseases, Karadeniz Technical University Faculty of Medicine, Trabzon, Turkey ; <sup>9</sup> Department of Pulmonary Diseases, Atatürk University Faculty of Medicine, Erzurum, Turkey ; <sup>10</sup> Department of Pulmonary Diseases, Yedikule Pulmonary Diseases and Surgery Training and Research Hospital, Istanbul, Turkey and <sup>11</sup> Department of Pulmonary Diseases, Atatürk Pulmonary Diseases and Surgery Training and Research Hospital, Ankara, Turkey .

**Body:** Background: Although 35% of the adults in Turkey are current smokers, the number of trained physicians and smoking cessation (SC) clinics are not enough to meet the demand. Aim: This national project aimed to create the necessary infrastructure for providing SC therapy all-around the country and to train physicians in this topic. This project was run by Turkish Thoracic Society Tobacco Working Group and supported by a grant from Pfizer Foundation. Methods: For this purpose, an organization network including field training teams was planned. The training materials were prepared and standardized. A website of the project including a wide e-learning platform was created ([www.sigarabirakmadaogrenmezemini.org](http://www.sigarabirakmadaogrenmezemini.org)). Results: Firstly, a central training program was planned. Forty volunteers from all regions of Turkey were participated to this program. Afterwards, field training programs were started to perform by these trainers. From the beginning field training sessions were performed in 11 cities with more than 300 participants. The project website was visited by 10.369 visitors and 518 participants completed e-training module since April 2011. Conclusion: The SÖZ project enabled a training ground that will last for years; a professional website and a trainer staff to generalize the program. Through this project, the integration of SC intervention in all

health service steps will be provided, the number of SC clinics in Turkey will increase, and in future smoking rate will reduce in our country.